



TREATMENT TARIFF



Svaztha Ayurveda Retreat, nestled in the abundance of tropical evergreen spread of Thekkady heartily welcomes you to experience our day spa to restore your body, mind and soul, the natural way, with an unexplainable ambience that is sure to make you feel extraordinary is well equipped with all amenities.

▶	Abyanga Massage	45 mts	₹ 1750:00
▶	Full Body Abyanga	60 mts	₹ 2250.00
▶	Kerala SPL Abyanga	75 mts	₹ 2750.00
▶	Shiro Dhara	45 mts	₹ 1750:00
▶	Shiro Abyanga	25 mts	₹ 950:00
▶	Face Pack	25 mts	₹ 950:00
▶	Spine Massage	30 mts	₹ 1250.00
▶	Foot Massage	25 mts	₹ 950:00
▶	Neck and Shoulder	20 mts	₹ 950.00
▶	Spine Massage	30 mts	₹ 1250.00
▶	Steam Bath	15 mts	₹ 450:00

DAY WELLNESS TREATMENTS

BODY & MIND CARE 90 mts. ₹:3750:00

The package to recharge your stressed mind and tired body assures you stay in better health for a long time. You will be pampered with a full body medicated oil massage followed by the soothing oil stream on your forehead.

BODY CARE**90 mts****₹. 3750:00**

The package rids the body of the fatigue and tiredness and infuses energy into the person.

SKIN CLEANSING**90 mts****₹. 3750:00**

This session cleans the skin from inside, removes the toxins, reduces body heat and keeps the skin healthy.

SPINE CARE**60 mts.****₹. 2750:00**

The session removes the stiffness, relaxes the muscles, reduces the pain and reinforces the strength of the spine.

KNEE JOINTS CARE**60 mts****₹.2250:00**

The session relieves knee stiffness, increases mobility, strengthens the joint and reduces knee pain.

DANDRUFF CARE / HAIR CARE 50 mts ₹.1250:00

The session oils the scalp, removes the dryness, cleans and disinfects the scalp by clearing the spores and nourishes, conditions, enhances hair volume and strengthens the hair strands and roots.

TASTE OF AYURVEDA**180 mts.****₹. 4500.00**

The “Vedic day” experience introduces and indulges you to optimum possible exposure to Ayurveda with a range of treatments performed to reset, recharge and relax with our day wellness program, and get a taste and feel of nutritious Ayurveda food. You leave with the sparkling eyes, glowing skin, renewed energy and vigor. The session is complete indulging in the pampering experience of Ayurveda wellness to re-emerge with a happy mind and healthy body. And more with a vedic launch OR dinner

**Svaztha Ayurveda Retreat**

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